# Income Support Plan- Sample

**Participant:** Ryan Smith

**Goals**:

1. Short term: access health care and find a new primary care physician and substance use treatment provider; apply for SNAP benefits; start identifying employment opportunities and create a resume
2. Long term: Return to school; finish disability benefit applications; resolve child support enforcement issues; find a two-bedroom house within budget (would like a room for children to visit)

**Strengths:**

* Ryan is motivated to increase his stability to spend time with his children.
* He loves music and is a talented instrumentalist.

**Budget Analysis:** Ryan currently does occasional odd jobs and estimates that he earns about $150/month from this. He is living in the shelter, so his expenses are minimal, but he is past due on child support (owing $3000). His goal is to have $2000/month through a combination of disability benefits and employment, so that he can find a two-bedroom apartment and re-start child support payments.

## Mainstream Benefits

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| **Mainstream Benefits** |
| **Source** | **Potentially Eligible?**  | **Progress to Date**  | **Next Steps** | **Timeframe** |
| VA Compensation or VA Pension | Yes |  |  |  |
| Social Security Disability Insurance | Yes |  |  |  |
| Supplemental Security Income | Yes |  |  |  |
| SNAP | Yes |  |  |  |
|  |  |  |  |  |

## Employment

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| **Employment Opportunities and Supports**  |
| **Opportunity/Support** | **Progress to Date** | **Next Steps** | **Timeframe** |
| Supported Employment in recovery program |  |  |  |
| Explore opportunities for employment in a music related field. |  |  |  |

## Addressing Barriers

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| **Barrier** | **Action Step(s)** | **Partner(s)** | **Timeframe** |
| Active substance use that interferes with  |  |  |  |
| Not sure how to put together a resume or translate military skills to civilian workforce |  |  |  |
| Lack of recent medical and evaluations for disability benefit applications.  |  |  |  |
| Past due child support |  |  |  |
|  |  |  |  |