Welcome! We will begin shortly.

Audio: To choose your audio connection, click on the audio icon at the bottom of the screen.

Slides/Materials: Can be accessed at https://soarworks.samhsa.gov/events.

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For additional assistance, contact us at soar@prainc.com.



Establishing an Equitable SOAR Referral System

Substance Abuse and Mental Health Services Administration (SAMHSA) SOAR Technical Assistance Center Policy Research Associates, Inc.



Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



Webinar Instructions

- Slides/Materials: Available at https://soarworks.samhsa.gov/events
- **Recording**: Will be available within 1 week
- Questions: Please submit questions using the Q&A feature
- All participant lines will be muted and the chat feature is disabled
- **Evaluation**: Your browser will redirect you to a survey following the webinar.



Purpose and Objectives

- Learn best practices for creating and incorporating a SOAR referral system and workflow
- Understand how to use the tools available on the SOARWorks website to create a seamless referral system
- Recognize the importance of ensuring equitable access to SOAR services



Agenda

Presenters

- Amanda Starkey, M.A., Project Associate, SAMHSA SOAR TA Center, Policy Research Associates, Delmar, New York
- Katie Lundy, MSW, LSW, Oncology Social Worker, SOAR Benefits Specialist, and SOAR Local Lead for Montgomery County, Pennsylvania
- Lyla Ordoñez, SOAR Program Administrator, SOAR Texas State Lead, AVENUE 360, Houston, Texas

Questions and Answers

Facilitated by the SAMHSA SOAR TA Center



Welcome!

Asha Stanly, MSW, LICSW
Government Project Officer
Division of State and Community Systems Development
Center for Mental Health Services
SAMHSA SOAR TA Center



SOAR Referral System Tools

Amanda Starkey, MA
Project Associate
SAMHSA SOAR TA Center
Policy Research Associates, Inc.
Delmar, New York



Key Takeaways

- Significance of a strong referral system
- Needs Assessment for SOAR within agency and community
- Marketing strategies for recruiting SOAR-eligible applicants
- Customized referral process and tool that will facilitate SOAR collaboration in your community
- Materials available on the SOARWorks website



Benefits of a Strong SOAR Referral Process

- Referrals are easily triaged
- Eligible applicants are identified quickly
- Ineligible applicants can be referred out appropriately
- Saves time for everyone
- Ensures equitable access to SOAR services



SOAR Referrals Toolkit



SOAR REFERRAL PROCESS

Workflow Toolkit

Abstract

This toolkit will help you to develop a SOAR referral process for your community or agency that helps ensure that potentially eligible individuals are connected with SOAR-trained providers that are available to assist.

- Agency and Community Assessment
- Marketing Tool Template
- Referral Process Workflow
- SOAR Referral Template
- Applicant Resource Guide
 - Applicant Self-Help Guide
- Referral Tracking Worksheet



Considerations for SOAR at Your Agency

- Assessing your agency:
 - Determine agency-specific SOAR program requirements
 - Do applicants need to meet certain criteria to receive services?
 - Identify SOAR-trained providers
 - What providers are implementing SOAR?
 - Identify SOAR referral sources
 - Are specific programs or case workers sending referrals?



Considerations for SOAR in Your Community

- Assessing your community:
 - Identify other agencies that provide SOAR assistance
 - Do their program requirements differ from yours?
 - Processing of interagency referrals
 - Is there a central referring source, like the CoC?
 - Spot the high utilizers
 - Are there agencies that make a lot of referrals?
 - Cover the gaps
 - Where can ineligible SOAR applicants be referred?



Agency and Community Assessments

- We recommend completing these assessments prior to editing your referral process tools.
- Helps determine:
 - Who is most likely to send referrals
 - Agencies and departments that need SOAR marketing information
 - Who can assist potential applicants who are not eligible for SOAR services within your agency

SOAR Agency and Community Assessment

In order to create effective SOAR marketing and referral tools, we must have strong foundational knowledge of SOAR in your agency and within the community. This assessment will help guide your intentions as you work through creating a strong referral system. If you do not know the answer to a question, research it! The information collected in this assessment will be used to create a referral system that works where you do.

Agency Assessment

- Who is providing SOAR services in your agency?
- What are the agency criteria to receive SOAR services?
- If more than one case worker in your agency is providing SOAR services, do the eligibility criteria vary between providers?
- How many in-agency referrals do you receive per month?
- Where are your referrals coming from?
- Are there any other teams or case workers who serve SOAR eligible people, but are not making SOAR referrals?
- What happens when you receive a SOAR referral from within your agency and the person does not meet program criteria?
- What strategies and efforts does your agency implement to reduce racial disparities in service delivery?

Community Assessment

- Do you accept outside referrals?
- What agencies provide SOAR services in your community?
- What agencies refer potential SOAR applicants to you?
- How do you currently receive referrals from other agencies?
- Is SOAR part of coordinated entry in your CoC?
- Are there any agencies that serve likely SOAR-eligible people who are not making referrals?
 - If yes, what agencies?
- What happens when someone is referred for SOAR services from another agency, but is not eligible for your SOAR program?
- What other programs/agencies provide SSI/SSDI assistance?
 - Legal Aid?
 - Law Schools?
 - Advocacy programs?
 - Churches?
 - Other?
- What happens if a SOAR applicant is denied for SSI/SSDI on the initial application?
- What other agencies in your community, particularly those who serve divers populations, need to know about SOAR?



Marketing SOAR

- Using the information gathered from your community/agency assessment(s):
 - Who already knows about SOAR?
 - Are these stakeholders making referrals?
 - Who needs to know about SOAR?
 - What other agencies and/or program areas serve
 SOAR-eligible people but aren't making referrals?



SOAR Marketing Template

- Define SOAR
- Program Eligibility
- Program Highlights!
- Referral Instructions





What Makes a Strong Referral Tool?

- A Strong SOAR Referral Tool
 - Is easy to complete
 - A referral form should not take more than five (5) minutes to complete
 - Clearly identifies who is being referred
 - Name and contact information for applicant
 - Identifies why an applicant is applying
 - Diagnoses, symptoms, and income/resources
 - Addresses program requirements and equity considerations
 - Ensures that the applicant is being referred to a service they are eligible for



Considerations for a Strong Referral Tool

- User-friendly
- Space for contact information
- Addresses program criteria
- Can be quickly screened

OAR WORKS					SAMHSA Substance Abuse and Merical Results Services Administration	
SC Please complete			l Application r to: [Contact Na	ame] of [Fax#]		
Candidate Name:			Date	of referral:		
Referring agency:			Person makir	ng referral:		
Staff contact number:			Ema	ail address:		
Candidate Identifying Information:						
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Emergency contact name and number:						
			/At-Risk Assess	ment		
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Contact Information

- Clearly defined contact information
 - Name, phone, email, and mailing address for person who will be taking the referrals
 - Instructions for submitting the referral
 - "Please fax or email the completed SOAR referral form to John Doe with Subject: SOAR Referral at jdoe@xyzcmh.com or 555-555-1234."



Program Criteria

Consider adding program criteria at the top of the form

"This SOAR Referral should only be completed for adults who are being released from jail within the next 90 days and have a severe mental health diagnosis."

- Make sure program criteria is clearly defined within the referral
 - This will help save time for referring sources and potential applicants

"Is this person a Veteran?"



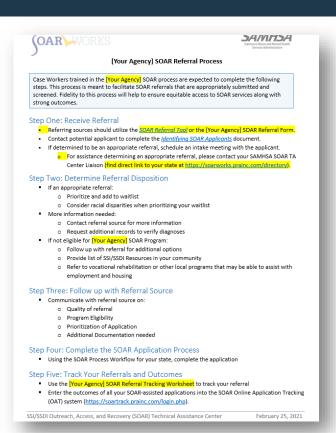
Quick Screening

- The SOAR provider should be able to make a quick decision regarding the applicant's program eligibility
- If the potential applicant is not eligible for your program, a contingency plan should be in place
 - Outside referrals to another local SOAR agency, Legal Aid, University Legal Clinic, or a self-help guide for people applying on their own



SOAR Referral Workflow

- Clearly outlines all steps to completing, submitting, and reviewing a SOAR referral
- Guides providers through the referral process
- Used as a road-map for new providers





Ensure Equity

- Remove criteria that makes people ineligible because of past inequities
 - 12 months of treatment
 - Treatment records for underserved communities

- Add steps to SOAR
 Referral Workflow that increase equitable access to services
 - Mental Health screenings
 - Follow-up questions for people with limited treatment records



Resources for Applicants

- Information on the application process
- Other representation services
- Resources to help people ineligible for SOAR

Representative and Legal Resources

American Bar Association

The American Bar Association can help you locate the bar association for lawyers in your state
Website: https://www.americanbar.org/groups/legal-services/flh-home/flh-bar-directories-and-lawyer-finders/

National Organization of Social Security Claimants' Representatives (NOSSCR)

 NOSSCR provides referrals to attorneys and non-attorney representatives in your local area Lawyer Referral Service Phone: 800-431-2804

Email: nosscr@nosscr.org

Website: https://nosscr.org/referral-service/

National Association of Disability Representatives (NADR)

NADR provides referrals to attorneys and non-attorney representatives in your local area

Phone: 1-800-747-6131

Website: https://www.nadr.org/search/custom.asp?id=1689

State or Local Legal Aid

Legal Services Corporation (LSC) provides information about LSC-funded state or local legal aid

Website: https://www.lsc.gov/what-legal-aid/find-legal-aid

Phone: 1-202-295-1500

• LawHelp.org helps people find free legal aid programs in their communities

Law School Legal Clinics

 If there are Law Schools in your community, search to see if they offer legal clinics with supervised law students



Self-Help Guide for Applicants

- A new tool for applicants without access to SOAR services
- Can serve as a valuable tool for any community
- Increases equity related to accessing benefits





Tracking Referrals

- Triage Referrals
- Track Referral Sources
- Assign Applicant Disposition
- Outcome of Referral
- Check out our handy pick-lists!

Referral Source Information								
Referring Agency	Referring Caseworker Name	Referring Email	Referring Phone	Date of Referral	Date of Follow-Up	Referral Disposition	Reason for Disposition	
Agency 1	Caseworker 1	test@email.com	555-444-3333	1/23/2020	1/24/2020	Not accepted	No severe impairment	
Agency 1	Caseworker 1	test@email.com	555-444-3333	1/24/2020	1/25/2020	Waitlist placement	Lack of evidence/documentation	
Agency 1	Caseworker 2	test@email.com	555-444-3456	1/24/2020	1/25/2020	Active placement	Meets program criteria	
Agency 2	Caseworker 3	test@email.com	555-444-3423	1/25/2020	1/26/2020	Priority placement	Meets program criteria	
Agency 3	Caseworker 4	test@email.com	555-444-3440	1/26/2020	1/27/2020	Priority placement	Meets program criteria	
Agency 1	Caseworker 4	test@email.com	555-444-3440	2/1/2020	2/2/2020	Active placement	Meets program criteria	
Agency 3	Caseworker 5	test@email.com	555-444-3443	2/4/2020	2/5/2020	Active placement	Meets program criteria	
Agency 1	Caseworker 1	test@email.com	555-444-3333	2/5/2020	2/6/2020	Active placement	Meets program criteria	
Agency 1	Caseworker 1	test@email.com	555-444-3333	2/10/2020	2/11/2020	Not accepted	Not at-risk of homelessness	

Applicant Information								
Applicant Name	Age	Gender	Race/Ethnicity	Diagnosis/Conditions	Co-Occurring Disorders	Treatment at Time of Referral	Work Activity	
John Smith	34	Male	White	Depression	Current use	No recent treatment	Current	
John Doe	45	Male	White	Schizophrenia, OUD	Recent use	Recent (within last 90 days)	Past	
John Jones	56	Male	Black	PTSD, Asthma	Past use	Past (within the past year)	Past	
Jane Smith	23	Non-binary	White	Anxiety, Back Pain, SUD	In Treatment	Current	Current	
Jane Doe	40	Female	Black	Depression, Learning Disability	None	Current	None	
Jane Jones	45	Female	Latinx	Schizophrenia	Past use	Past (within the past year)	Past	
Mary Smith	43	Female	Black	PTSD, TBI	Past use	Recent (within last 90 days)	None	
Mary Jones	54	Female	Black	Anxiety, Lupus, SUD	Current use	No recent treatment	Current	
Mary Doe	61	Female	American Indian	Schizophrenia	None	Recent (within last 90 days)	Current	

Outcome of the Referral									
Quality of Referral	Date of Intake Assessment	Date SSI/SSDI App Submitted	App Not Submitted	Date of Decision	Outcome of Decision	OAT ApID	Additional Notes		
Missing Information	N/A	N/A	N/A	N/A	N/A	N/A	Referred to VR		
Complete Information	2/15/2020	3/15/2020	N/A	4/15/2020	Approved	er34er3456			
Required multiple follow-ups	1/26/2020	2/26/2020	N/A	3/26/2020	Denied	er34er3459			
Complete Information	1/27/2020	2/27/2020	N/A	3/27/2020	Approved	er34er3457			
Complete Information	1/28/2020	N/A	Incarceration	N/A	N/A	N/A	Will do pre-release app		
Complete Information	2/3/2020	3/3/2020	N/A	4/3/2020	Approved	er34er3445			
Required multiple follow-ups	2/6/2020	3/6/2020	N/A	4/6/2020	Approved	er34er3422			
Missing Information	2/7/2020	3/7/2020	N/A	4/7/2020	Approved	er34er3222			
Complete Information	N/A	N/A	N/A	N/A	N/A	N/A	Referred to Legal Aid		

Pick-lists available for certain data elements:



Analyzing Your Process

- Immediate Feedback
 - Ask referral sources about their experience using the new referral process
- Tracking Success
 - Has the new referral process resulted in measurable outcomes?
 - Is SOAR access equitable?
- Amending the Process
 - Keep an open mind, and make changes as needed



Thank You

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

Amanda Starkey

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www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)

Evolving SOAR Referral System in Montgomery, Pennsylvania

Katie Lundy, MSW, LSW
Oncology Social Worker
SOAR Benefits Specialist, and SOAR Local Lead
Montgomery County, Pennsylvania



Referral System

- Setting up the referral system
 - Based on SOAR training materials
 - Information from the course
 - Other referral paperwork for various programs
- Amending the referral forms
 - Simplifying the forms
 - Including equity



SOAR Candidacy Training

- Educating the community
 - SOAR Roles and Referral Provider Roles
 - Mandatory SOAR Training for ALL Referral Providers
 - More referrals
 - Appropriate referrals
 - Engage clients in medical treatment more clients connecting to care
 - Avoid clients repeatedly sharing trauma histories and reliving trauma



SOAR Candidacy Training

Visiting Nurse Association Community Services

SOAR Training



SOAR Candidacy Training: Roles

Referral Source

- Evaluating Clients
- Referring Clients
- Providing Supporting Documentation

SOAR Program

- Completing SSI/SSDI Applications
- Advocating for client approval



SOAR Candidacy Training: Evaluating SOAR Applicants

Substantial Gainful Activity

- Substantial- significant and productive physical or mental activities
- Gainful- done for pay or profit
- Earnings- must be \$1,350 or less per month in 2022

SSA's Definition of Disability

 "Inability to engage in **Substantial Gainful Activity** (SGA) due to a medically determinable impairment, or a combination of impairments, expected to last 12 months or result in death."



SOAR Candidacy Training: Evaluating SOAR Applicants

Requirements:

- Applicant has a serious mental illness or exhibits symptoms and/or has serious physical illnesses that affect his/her ability to work at a substantial gainful level (2022: \$1,350/month)
- The illness(es) or condition(s) have lasted or are expected to last for at least 12 months or result in death
- Individual is currently exhibiting symptoms of mental illness or has periods with worsening of symptoms that <u>prevents</u> sustainable employment.
 - Psychotic Symptoms
 - Manic Symptoms
 - Cognitive Deficits

- Depressive Symptoms
- Anxious Feeling
- History of Trauma



SOAR Candidacy Training: Evaluating SOAR Applicants

- Applicants with a mental illness:
 - The applicant must have at least 2 marked restrictions in the following functional areas:
 - Understand, remember, or apply information- memory, following instructions, solving problems
 - Interact with others- getting along with others, anger, avoidance, etc.
 - Concentrate, persist, or maintain pace- task completion, focusing on details, distractibility at work, etc.
 - Adapt or manage oneself- hygiene, responding to change, setting realistic goals, etc.



SOAR Candidacy Training: Referring SOAR Applicants

- Complete 3 forms (referral form, release, SSA-1696)
- Send completed forms to SOAR Program via fax or email
- New Process due to COVID includes additional SSA Forms
 - SSA-827
 - SSA-16



SOAR Candidacy Training

Visiting Nurse Association Community Services

Referral Form



Ensuring Equity

- Expanded to include Case Management
- Tracking measurable data
- Connecting clients to psych evals to avoid barriers with CEs
- Addressing COVID Barriers
 - Checking in with clients during pandemic





Thank You

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Katie Lundy

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SOAR Referrals Included in Houston's Coordinated Entry System

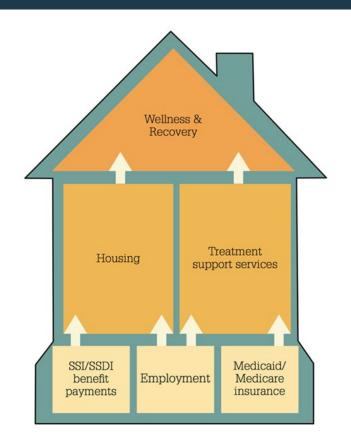
Lyla Ordoñez
Program Administrator- SOAR/Co- Community Lead/
Texas State Lead
Avenue 360
Houston, Texas



SOAR: A Foundation for Recovery and Resiliency

- More than income!
- Access to health care and housing
- Increased education and employment opportunities
- Decrease in incarcerations and hospitalizations
- So, how does an individual get referred to SOAR in Houston?







Houston's "The Way Home" CoC Coordinated Access

- Integrates housing assessment with income assessment
- Matches people at risk for homelessness (Diversion) to Income Now Program or Shelters to Shutters
- Matches people experiencing homelessness (Rapid Rehousing/Permanent Supportive Housing) to:
 - SOAR, if unable to work due to a disability
 - Vocational Rehabilitation Services, if client has a disability and wants to work
 - Employment programs, if unemployed or underemployed





Coordinated Access in Houston, Texas

- Applicant presents at a coordinated entry HUB.
- If the applicant meets the eligibility criteria *Income Now* matches them directly with a SOAR-trained case manager.
- The applicant may also be involved in supported employment or search for mainstream competitive employment.





Coordinated Access (CA): SOAR Applicant Criteria

The applicant is placed on the SOAR waitlist if they want to apply for disability income and says "yes" to all the following:

- Has a disabling psychiatric or physical condition which is expected to last 12 months or longer or will end in death
- Does not receive income from SSI/SSDI
- Has earned income of less than \$1,350/month
- Is not currently applying for disability income



Referrals at CA Assessment- No Medical Part 1

Applicant wants to apply for SSI/SSDI benefits, but has no medical history or diagnosis:

Waitlist

Based on answers to disability questions on CA Assessment, client is added to the SOAR Waitlist

SOAR Referral

- When a SOAR Expansion provider requests referrals, CFTH creates referral in HMIS and sends to provider
- CFTH updates SOAR Waitlist

Add Services to HMIS

- SOAR Case Manager accepts referrals in HMIS and contacts client
- Client states no medical history or diagnosis
- SOAR Case Manager thinks could be disabled, refers to SOAR Navigator (HMIS)
- SOAR Case Manager closes out referral



Referrals at CA Assessment- No Medical Part 2

Applicant wants to apply for SSI/SSDI benefits, but has no medical history or diagnosis:

Referral to SOAR Navigation

- Accept SOAR Navigation Referral
- Enroll in SOAR
- Sends SSA-3288 form to SSA and uploads completed COVID form if not already uploaded to HMIS

SOAR Navigation

- Connect with Medical Services
- After SOAR Ready, refer to internal SOAR CM, if not available notify CFTH to add to waitlist with comment, "SOAR Ready," and exit enrollment



Referrals at CA Assessment- Medical History Part 1

Applicant wants to apply and has a medical history or diagnosis:

Waitlist

 Based on answers to disability questions on CA Assessment, client is added to the SOAR Waitlist

SOAR Referral

- When a SOAR Expansion provider requests referrals, CFTH creates referral in HMIS and sends to provider
- CFTH updates SOAR Waitlist

Add Services to HMIS

- SOAR Case Manager Accepts Referrals in HMIS and contacts client
- Sends SSA-3288 to SSA and uploads completed COVID form to HMIS



Referrals at CA Assessment- Medical History Part 2

Applicant wants to apply and has a medical history or diagnosis:

SOAR Case Management

- Client states has medical history or diagnosis
- Enroll in SOAR (HMIS)
- Complete Forms
- Refer to SOAR Navigation if need help obtaining additional Medical Records or Signature on MSR

SOAR Navigator Assistance

- Accept SOAR Navigation Referral
- Obtain medical records or MSR signature
- Add services under current SOAR enrollment
- Update referral
- Notify SOAR case manager when assistance completed



Final Thoughts

- Including employment along with SOAR in your Coordinated Entry system helps:
 - people who want to work, find work.
 - homeless service providers do their jobs more effectively.
 - Public Housing Agencies improve their performance.
 - property owners with increased rent payment in subsidized housing.
 - people with employment income may be able to afford housing without subsidies.



Thank You

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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Questions and Answers

Please type your questions into the Q&A box.





Resources

- SOAR Referral Process Workflow Toolkit
 - https://soarworks.samhsa.gov/sites/soarworks.prainc.com/ /files/Sample SOAR Referral Application Tool 0.docx
- SOAR and Coordinated Entry
 - https://soarworks.samhsa.gov/article/soar-andcoordinated-entry
- Applicant Self-Help Guide
 - https://soarworks.samhsa.gov/article/applicant-self-helpguide



Next Steps

- ✓ Download and review referral system tools and resources
- ✓ Learn more about your referral systems
- ✓ Begin to have the conversations with your SOAR leadership team about creating or improving referral systems which are more equitable
- ✓ Contact your SAMHSA SOAR TA Center Liaison with questions and to discuss more about designing equitable referral systems

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